

KS5 Year 12

Autumn Term		Spring Term		Summer Term	
<p><b>Key knowledge:</b></p> <p>Unit 1 - Body systems &amp; the effects of physical activity</p> <p>Unit 17 - Sports Injuries &amp; rehabilitation</p>	<p><b>Key Vocabulary:</b></p> <p><a href="#">Command verbs</a></p> <p><a href="#">AS and A Level Physical Education - Glossary of Terms</a></p>	<p><b>Key knowledge:</b></p> <p>Unit 17 - Sports Injuries &amp; rehabilitation</p> <p>Unit 3 - Sports organisation &amp; Development</p>	<p><b>Key Vocabulary:</b></p> <p><a href="#">Command verbs</a></p> <p><a href="#">AS and A Level Physical Education - Glossary of Terms</a></p>	<p><b>Key Knowledge:</b></p> <p>Unit 3 - Sports organisation &amp; Development</p> <p>Unit 2 - Sports Coaching &amp; leadership</p>	<p><b>Key Vocabulary:</b></p> <p><a href="#">Command verbs</a></p> <p><a href="#">AS and A Level Physical Education - Glossary of Terms</a></p>
<p><b>Pupils will be able to:</b></p> <p>Unit 1: Understand the; Skeletal system Muscular system Cardiovascular system Respiratory system Energy systems in relation to exercise and physical activity</p> <p>Unit 17 Know common sports injuries and their effects Minimise the risk of sports injuries</p>		<p><b>Pupils will be able to:</b></p> <p>Unit 17: Respond to acute sports injuries when they occur Know the role of different agencies in the treatment and rehabilitation of sports injuries Plan a rehabilitation programme for a specific sports injury</p> <p>Unit 3: Understand how sport in the UK is organised Understand sports development Understand how the impact of sports development can be measured Understand sports development in practice</p>		<p><b>Pupils will be able to:</b></p> <p>Unit 3: Understand how the impact of sports development can be measured Understand sports development in practice</p> <p>Unit 2: Know the roles and responsibilities of sports coaches and activity leaders Understand principles which underpin coaching and leading Be able to use methods to improve skills, techniques and tactics in sport</p>	
<p><b>Assessment:</b> Units 1 and 3 are externally assessed by exam and marked by OCR. All the other units are internally assessed by centre staff and externally moderated by OCR.</p>		<p><b>Assessment:</b> Units 1 and 3 are externally assessed by exam and marked by OCR. All the other units are internally assessed by centre staff and externally moderated by OCR</p>		<p><b>Assessment:</b> Units 1 and 3 are externally assessed by exam and marked by OCR. All the other units are internally assessed by centre staff and externally moderated by OCR</p>	
<p><b>Enrichment Opportunities:</b></p>		<p><b>Enrichment Opportunities:</b></p>		<p><b>Enrichment Opportunities:</b></p>	

Year 13

<p><b>Key knowledge:</b></p> <p><b>Unit 2 - Sports Coaching &amp; leadership</b></p> <p><b>Unit 8 - Organisation of Sports events</b></p>	<p><b>Key Vocabulary:</b></p> <p><a href="#">Command verbs</a></p> <p><a href="#">AS and A Level Physical Education - Glossary of Terms</a></p>	<p><b>Key knowledge:</b></p>	<p><b>Key Vocabulary:</b></p> <p><a href="#">Command verbs</a></p> <p><a href="#">AS and A Level Physical Education - Glossary of Terms</a></p>	<p><b>Key Knowledge:</b></p>	<p><b>Key Vocabulary:</b></p>
<p><b>Pupils will be able to:</b></p> <p>Unit 2</p> <p>Plan sports and activity sessions</p> <p>Prepare sports and activity environments</p> <p>Deliver sports and activity sessions</p> <p>Review sports and activity sessions</p> <p>Unit 8:</p> <p>Know different types of sports events and their purpose</p> <p>Know the different roles and responsibilities involved in the planning and delivery of sports events</p>		<p><b>Pupils will be able to:</b></p> <p>Unit 8</p> <p>Plan and promote a sports event</p> <p>Participate in the delivery of a sports event</p> <p>Review the planning and delivery of a sports event</p>		<p><b>Pupils will be able to:</b></p>	
<p><b>Assessment:</b></p> <p>Units 1 and 3 are externally assessed by exam and marked by OCR.</p> <p>All the other units are internally assessed by centre staff and externally moderated by OCR.</p>		<p><b>Assessment:</b></p> <p>Units 1 and 3 are externally assessed by exam and marked by OCR.</p> <p>All the other units are internally assessed by centre staff and externally moderated by OCR.</p>			
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