

## Pearson Level 3 National Extended Certificate (Health & Social Care) you should....

### Read

- Pearson BTEC National Health & Social Care, Student Book 1, Pearson
- This is Going to Hurt by Adam Kay
- Being a nurse: A personal guide from graduation or revalidation by Lauren Philpott
- The truth about social work by The Social Work Tutor
- Bloody Social Worker by Richard Wills
- Social work, Cats and Rocket Science by Elaine James, Rob Mitchell and Hannah Morgan

### Listen

- The Care Exchange Series - Explores the role of Social work managers
- <https://www.skillsforcare.org.uk/Support-for-leaders-and-managers/Support-for-registered-managers/The-care-exchange/The-care-exchange.aspx>
- Care to Chat -Showcases conversations and interviews with people in the social work and social care community, as well as from across the health and social care system
- <https://creators.spotify.com/pod/show/care-to-chat/>
- Let's Talk Care Experiences - Discusses all aspects of people's experience using Ireland's health and social care services
- <https://www.buzzsprout.com/1811741>
- NICE talks - Brings the stories behind our NICE's work to improve outcomes for people using the NHS and other public health and social care services through evidence-based guidance
- <https://soundcloud.com/nicecomms>

### Online

- <https://www.tutor2u.net/live>
- <https://www.gmc-uk.org/>
- <https://www.nmc.org.uk/>
- <https://www.stepintothenhs.nhs.uk/>
- <https://basw.co.uk/>
- <https://www.hcpc-uk.org/>

## Independent Study Guide



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## After each lesson

Reflect on the learning in your lesson by reading through your notes, and recording in the margin of your book:

- What is the **key vocabulary** specific to this lesson?
- What are **key questions** related to your learning or questions which you seek answers to related to your learning?
- What are examples of **typical exam questions** relating to the learning in this lesson?

Complete any independent study tasks set by the teacher for that week

## Every week

- Watch/Read the news daily, to keep up to date with relevant practices and issues related to health and social care
- Watch at least one TV programme each week which shows some health and social care practice taking place, and apply your learning to date
- Engage in some independent study outside of lessons which matches the equivalency of timetabled lessons, e.g. one hour of study for one hour of lesson
- Carry out some further research around your learning - evidence the sources used in a bibliography in each written task (coursework)

## Every term

- Units 1 & 2 - Complete a knowledge map of key content studies each term around either a specific learning aim, or part of a learning aim, as directed
- Units 5 & 11 - Complete formative and summative assessment tasks, as directed, submitting work to google classroom before the deadline set. Ensure all work is completed in full before submitting for assessment, and that this has been proofread for accuracy

## Throughout the year

- Units 1 & 2 - Learn the key words from each learning aim/aspect
- Familiarise yourself with your exam - Key command words, Numbers and types of questions,
- Practice exam papers and exam questions for Units 1 and 2
- Units 5 & 11 - Ensure that any work submitted for assessment is your own words - Do not use Chat GP or IA
- Ensure that you support each piece of written work with quotations from further reading/research